Mountain Weather Forecast

Lake District National Park

Forecast valid from 00:00 on Sunday 07 May 2023 until 23:59 on Monday 08 May 2023

Forecast Issued on Saturday 06 May 2023 at 17:43

Confidence: High for unsettled conditions continuing until Monday, followed by drier conditions from Tuesday. Lower confidence for rainfall detail.

Headline for Sunday 07 May 2023: Mostly dry with sunny spells, a few afternoon showers.

Mountain weather hazards on Sunday 07 May 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability							
10%	10%	10%	10%	30%	30%	10%	10%

Forecast for Sunday 07 May 2023

Weather: Most places will stay dry but rather cloudy through the morning. The afternoon will see sunny spells with the occassional shower, however most places stay dry.

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Patchy cloud to 300-600m at first, mostly across the southern Fells. Otherwise good visibility with clouds lifting above the summits in the afternoon.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Sunday 07 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	6/7 S	6/7 SW	5/6 S	7/10 SW	10/14 SW	11/16 SW	16/20 SW	22/27 S	26/32 S
600	5/7 SE	6/9 SW	6/7 S	7/10 SW	11/15 SW	12/17 SW	14/18 SW	18/25 S	22/29 S
300	2/6 S	3/7 SW	2/5 S	5/8 SW	8/12 SW	8/13 SW	8/15 S	7/19 S	9/23 S
Valley	1/4 E	1/4 SW	1/3 S	6/8 SW	6/9 SW	7/10 SW	6/11 SW	4/14 S	6/18 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	7/5	7/5	7/5	8/6	8/6	9/6	8/4	7/2	6/1
600	9/8	8/7	8/7	10/8	10/8	10/8	9/6	8/5	8/3
300	10/10	10/10	10/10	12/12	14/12	13/12	11/10	10/8	10/8
Valley	12/12	12/12	12/12	12/11	13/12	13/12	12/11	11/10	12/10
Freezing Level*	2100m	2000m	1900m	1900m	2000m	1900m	1900m	1900m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Nothing to add.

Forecast for Monday 08 May 2023

Weather: Overcast skies hill fog and outbreaks of rain spread east by early morning with heavy falls at times. Rain begins to ease from the evening.

Maximum wind: South or southwest 10-15mph

Chance of cloud-free hill tops above 800m: 20%

Low cloud and visibility: Extensive cloud 300-500m. Visibility falls poor in rain.

Temperature: **Valleys:** Plus 8 Celsius to plus 16 Celsius
At 800m: Plus 8 Celsius
Freezing level: Above summits

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 1743 on Sat 06 May 2023

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.